Revision techniques
What we will cover:

- Common revision mistakes (& how to avoid them!)
- Planning your revision
- Revision strategies and techniques
What should revision be?

- Opportunity for a second look
- Dedicated time to engage with the subject
- Time to consolidate everything you have learnt
- Not a time to start learning new things!
Solutions to common revision mistakes:

- Plan your revision with a timetable
- Do little and often
- Know what resources are available to you
- Use techniques that help you engage
- Revise with others (but only if this suits you)
Use a revision timetable:

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<tr>
<th>Date:</th>
<th>Monday</th>
<th>Tuesday</th>
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<th>Thursday</th>
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<td>Time given to revise it:</td>
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Some revision resources:

Subject resources:
- coursework
- module syllabus
- past papers
- lecture/lab notes
- textbooks

Personal resources:
- other students in the course
- lecturers/academic advisors
- family and friends
- you!
Which revision techniques should you use?

- Avoid passive activities that require little genuine effort
- Active techniques that engage you are the very best way to revise
- Which active techniques you choose will depend on your preferred way of learning
Visual revision strategies

- Mind maps, index/flash cards, posters, different coloured paper, lists, diagrams, flow charts etc.

- Use colours, images, memorable key words/phrases
How to Focus in the Age of Distraction

Managing Your Space
- Say no to...
  - Facebook
  - Mobile
  - Email
  - TV
- Say yes to...
  - Creating
  - Spending time with family & friends
  - Reading a book
- Help for addicts
- Locks you out of the internet
- Self control
- Locks you out of specific sites

Managing Email
- Disconnection times
  - 8am-10am
- Check email at set points in the day
  - 2-3 times per day
- Turn off email alerts
- Read book
- Write
- Face
- Breakfast
- Shower
- Have a healthy breakfast
- Go for a walk
- Walk
- Stretch
- Refocus
- Create rituals/habits
- Read mind
- Writing programs
- Typewriter
- OMWRITER
- Room
- Write
- OMWRITER
- OMWRITER

Take a Digital Technology Detox
- Yes
- No

How to Work
- Work in focused bursts
- 50 minutes of work
- 20 minutes break
- Use an intray for incoming paper
- Use a timer
- Area with no internet
- Get away from the computer
- Use only a notepad and pen

Take Time to Reflect and Review
- First thing in the morning
  - What worked?
  - What am I focusing on tomorrow?
  - What did I do?
- At the end of the day
  - What can be improved?
  - Don't check your email until you get the task complete
  - What are the 3 most important things to do today?

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Aural revision strategies

- Recording yourself and listening back
- Talking concepts, key terms or key topics through with someone
- Getting someone to ask you questions and orally answer them
- Turning your notes into a song, rhyme or rap
Kinaesthetic (practical) revision strategies

- Put your learning into action
- Think of practical examples to help you remember
- If past papers are available:
  - Brainstorm possible answers
  - Practice the questions to test your knowledge and timing
- If you need to learn formulas practice using and applying them so you can better remember them
Using memory triggers:

Sometimes when you need to remember key words or learn key explanations, associating them in different ways can help.

- Sound/musical association
- Visual/colour association
- Visual arrangement on the page
- Semantic association – meaningful associations
- Associating stories/activity
Revising with others

- Helps to clarify knowledge
- You can discuss ways to approach difficult topics
- It may help you to remember key points in the exam when thinking back to group revision sessions
- Talking things through with peers can increase your memory retention on certain topics
Top revision tips:

• Give yourself plenty of time to revise
• Build relaxation time into your revision timetable
• Revise in small bursts
• Eat well, have plenty of breaks and look after your health
• If you start feeling stressed let someone know!
And when you come to the exam:

- Answer the “easiest” questions first
- Attempt every question
- Leave time at the end to check your work
- If you get stuck, move on, often the answer will seem more obvious later (and sometimes can even be found later in the exam!)
We want to know what you think:

Please help us evaluate today’s session by taking a few minutes to complete the survey at

https://liverpool.onlinesurveys.ac.uk/library-session-feedback

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